



HCFSA Eligible Expenses Guide

Members of the uniformed services are now eligible for a Health Care Flexible Spending Account (HCFSA)

*An HCFSA is an optional benefit that allows you to use pre-tax earnings to pay for eligible health care expenses.** This guide provides an overview of general expense types that are eligible based on your TRICARE health plan.*



**PREVENTATIVE /
SPECIALTY CARE**



VISION



DENTAL



WELLNESS



DRUGSTORE

TRICARE Prime		TRICARE Dental Program*	Prime & Select	
<ul style="list-style-type: none"> • Fertility treatment (i.e., IUI, IVF) • Cost-shares at non-Military Treatment Facilities (MTFs) 	<ul style="list-style-type: none"> • Contact lenses and supplies • Eyeglasses • Laser eye surgery 	<ul style="list-style-type: none"> • Orthodontics (e.g. braces) • Exams • Cleanings • X-rays • Clear aligners 	<ul style="list-style-type: none"> • Acupuncture • Massage • Chiropractor • Vitamins and supplements* • Weight loss program* • Home medical equipment* 	<ul style="list-style-type: none"> • Bandages • Over-the-counter medicine (e.g. allergy medicine) • Acne treatments • Cold & flu medicine • Feminine hygiene products • Blood pressure monitors • Thermometers • Sunscreen
TRICARE Select				
<ul style="list-style-type: none"> • Copays and cost-shares • Deductibles • Allergy products/services* • Fertility treatment <p><i>*May require a letter of medical necessity</i></p>	<ul style="list-style-type: none"> • Exams • Contact lenses and supplies • Eyeglasses • Laser eye surgery 	<p><i>*Expenses for Active Duty family members</i></p>	<p><i>*Letter of medical necessity is required</i></p>	<p><i>*Look for "FSA-eligible" next to items on your drugstore receipt</i></p>
Ineligible HCFSA Expenses				
- Insurance premiums	- FEDVIP premiums		- Diet Foods	- Toothpaste, toothbrush, and floss - Diapers

**This guide is not a complete list of eligible expenses. For a searchable list of 300+ eligible FSA expenses, visit [FSAFEDS.GOV/EXPLORE/HCFSSA/EXPENSES](https://www.fsa.feds.gov/explore/hcfssa/expenses).